

# Mastering <sup>the</sup> Mysteries *of love*



*Announcing*

## Program Leader Training

**April 9 and 10, 2010  
October 8 and 9, 2010**

**Bethesda, Maryland (2 blocks from the Metro)**

**Mastering the Mysteries of Love (MML) is a research-validated Relationship Enhancement<sup>®</sup> Program developed by Dr. Bernard Guerney, Jr. and Mary Ortwein, MS. You will be qualified to teach the 8 hour MML program ideal for low income, community, or faith based groups. In this workshop you will learn:**

- **Five core RE skills (Listening, Expression, Discussion, Problem Solving, Conflict Management)**
- **Use of the Experience Diagram and Couple Coaching**
- **Creation of education sessions that are fun for both you and your participants**
- **Mixing experiential learning and skills training activities**
- **Adjusting and adapting curriculum to your community**

**Who Should Attend:** Community and faith-based marriage and relationship educators, clergy, students in the helping professions, professionals who want to include an educational approach for their families and couples.

**Cost:** \$225 per person includes leader manual, participant workbook, snacks and certificate of completion (\$150 for spouse w/one leader manual and 2 workbooks)

**Workshop Presenter:** Joan Liversidge, MS, LCMFT 240-678-3929 joanlive@earthlink.net

**To register, contact:** National Institute for Relationship Enhancement 301-986-1479 or niremd@nire.org

**Additional workshop and program information on reverse side and [www.nire.org](http://www.nire.org)**

## **It's the Same, but Different!**

MML teaches the same skills as RE Therapy and the traditional RE program. The difference is in how they are taught. MML uses a multi-modality shaping process to help participants and clients learn the RE skills gradually.

- High interest experiential activities introduce each new concept. Each skill is taught at multiple levels: Basics, main points, and finally the fine points. This makes the skills easier to learn and teach.
- Materials are written on a 5<sup>th</sup> grade level, but they are presented with sufficient finesse that no one is diminished by the simplicity.
- Video, group and couple practice activities, and the Experience Diagram make MML a multi-modal way to learn the time-tested RE skills.

## **What We'll Do**

After a brief introduction, most of the first day will be learning and experiencing the MML core skills through the multi-modal process using the MML Participant Book. Day Two will be spent going through the MML Leader's Guide to focus on teaching methods. These will include:

- Perspective Exercise in the Introduction
- Teaching in stages: Introduce, Teach, Practice, Process, Practice some More
- Use of the Experience Diagram and the Falling Leaf to Teach Empathy
- Put the Picture in the Frame, Expression Practice Cards, and When I think of us as a couple... to teach Expression Skill
- Teaching Conflict Management around a Stoplight image

The day will conclude with processing and questions and information about adapting the program to your specific populations. We will also discuss accessing technical assistance and support through IDEALS.

## **Location, Registration and CE Information**

4400 East West Highway, Bethesda, Maryland

9 am to 5 pm, Friday and Saturday

Pay by check or credit card to NIRE (see front for telephone and e-mail)

IDEALS/NIRE is approved by the American Psychological Association to sponsor continuing education for psychologists. IDEALS maintains responsibility for the program. IDEALS/NIRE is approved by the National Board of Certified Counselors to offer continuing education for National Certified Counselors. NBCC provider #5560. IDEALS/NIRE is approved by the Maryland State Board of Social Work Examiners to offer Category I continuing education programs for social workers. IDEALS/NIRE maintains responsibility for the program and for adhering to the appropriate guidelines required by the respective organizations.